

September, 2020

# Talk of the Towers

## HAPPY SEPTEMBER BIRTHDAY

9/9– Lyudmila Kirillova; 9/10– Ron Sellers

9/14– David Golden;

9/16– Cheryl McDowell

9/18– William Hare– Carol Moore–

Linda Muse– Nadezhda Taran

9/19– Yelena Moik

9/23– Maura Moynihan

9/27– Dabney Pickard

Happy Birthday to all of you

\*\*The board members will be bringing a treat to your doors to help you celebrate.

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## The Bus Is Back ( kind of)

Management has approved limited bus runs, with some restrictions.

- 1) Only 6 people will be allowed on the bus for each store run.
  - 2) All residents MUST wear a mask
  - 3) You will be asked to use hand sanitizer each time you get on the bus
- The bus schedule is on the calendar.  
There will be some changes to the stores and the days the bus is running.

You will be signing up for the bus on Friday, for the next week with Janice, at the front desk.

Because of limited space, you can only ride the bus to one store each week.

Please follow all safety guidelines and follow Mr. Willie's direction as he has your safety in mind as you are being transported to the stores.



## COFFEE TIME

Wednesdays

@

8:30am



**Grab a cup of coffee and a pastry and  
Socialize: (from a distance)**

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**Thursday, September 3rd @ 11 am**

**"Operation Give Back"**

**And**

**Riverfront Catering**

Are providing 150 hot lunches to our residents. Come down to the multipurpose room around 11am and pick up a Pasta Primavera meal to enjoy for lunch.

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**Tuesday Time is Fun Time**

**(limited seats available)**

**Only those participating in these events  
can attend. No spectators.**

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**Tuesday, 9/8 @ 1-4pm**

**Wii Bowling is back**

Come to the multipurpose room and safely enjoy the bowling competition with you neighbors

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**Tuesday, 9/15 @ 1-3pm**

**BINGO is back**

B-4 you arrive, make sure you have a mask  
In the multipurpose room.

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**Tuesday, 9/22 @ 1pm**

**Trivia w/ Marvin**

Find out how smart you really are.

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AND

**TUESDAY, 9/29 @ 1-3pm**

In the multipurpose room

**PLAY- PLAY- PLAY on**

**Game Day**

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**Once again: UCOM and FNEF**

**Are coming to the TOJ**

**With their food distribution program**

**Wednesday, 9/9 @ 11:30 am**

**And**

**Wednesday, 9/23 @ 11:30 am**

There will be food items available to all residents. Our staff and volunteers will be setting up tables in the multipurpose room and escorting residents in, while maintaining a safe distance. In the past we have been getting frozen meats, fresh vegetables and various other food items. We never know what will be delivered until it gets to our door. There may be some limits to some items so that all residents have these items available to them.

Once again, please express your gratitude to these organizations that are putting these food programs together for us and the Jacksonville community.

**UCOM food bank- 904-396-2401**

**saramitchell@ucomjax.org and**

**Feeding Northeast Florida-904-513-1333**

Please let them know you appreciate all the effort they and their volunteers put into helping our community during this time of a pandemic.

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**Thursday, 9/24 @ 2pm**

**Ice Cream Social—Distancing**

Come to the multipurpose room and enjoy an ice cream sundae with all your favorite toppings and take it back to your apartment, because you can't stay here.

**FLU SEASON**

It's that time of year again

Time for a flu shot

If you would like to get a flu shot this year, and it is highly recommended,

**Publix Pharmacy @ Nemours**

**on Wednesday 9/9 @ 12-2pm**

**( in the Card Room)**

Will be here at the TOJ offering a flu shot to those residents that pre-sign up for one. There is a sign- up sheet in the multipurpose room. The pharmacy staff will only see one resident at a time, for safety reasons.

Please bring your insurance cards with you. Medicare does pay for this.

**Publix is giving a \$10 gift card**

**To all participants**

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**Brain Teaser**

A man left home running. He ran a ways then turned left, ran the same distance then turned left again, ran the same distance then turned left again. When he got home, there were two masked men.

Who were they?

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A man is looking at a picture of someone. His friend asks who it is. The man says, "brothers and sisters, I have none. But the man's father is my father's son.

Who is in the picture?

\*\*\*\*\*

**Do you know the answers?**

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# Talk of The Towers

**Labor Day**, an annual celebration of workers and their achievements, originated during one of American labor history's most dismal chapters.

In the late 1800s, at the height of the [Industrial Revolution](#) in the United States, the average American worked 12-hour days and seven-day weeks in order to eke out a basic living. Despite restrictions in some states, children as young as 5 or 6 toiled in mills, factories and mines across the country, earning a fraction of their adult counterparts' wages. People of all ages, particularly the very poor and recent immigrants, often faced extremely unsafe working conditions, with insufficient access to fresh air, sanitary facilities and breaks. As manufacturing increasingly supplanted agriculture as the well-spring of American employment, labor unions, which had first appeared in the late 18th century, grew more prominent and vocal. They began organizing strikes and rallies to protest poor conditions and compel employers to renegotiate hours and pay. Many of these events turned violent during this period, including the infamous [Haymarket Riot](#) of 1886, in which several [Chicago](#) policemen and workers were killed. Others gave rise to longstanding traditions: On September 5, 1882, 10,000 workers took unpaid time off to march from City Hall to Union Square in [New York](#) City, holding the first Labor Day parade in U.S. history. The idea of a "workingmen's holiday," celebrated on the first Monday in September, caught on in other industrial centers across the country, and many states passed legislation recognizing it. Congress would not legalize the holiday until 12 years later, when a watershed moment in American labor history brought workers' rights squarely into the public's view. On May 11, 1894, employees of the Pullman Palace Car Company in Chicago went on strike to protest wage cuts and the firing of union representatives. On June 26, the American Railroad Union, led by [Eugene V. Debs](#), called for a boycott of all Pullman railway cars, crippling railroad traffic nationwide. To break the Pullman strike, the federal government dispatched troops to Chicago, unleashing a wave of riots that resulted in the deaths of more than a dozen workers.

In the wake of this massive unrest and in an attempt to repair ties with American workers, Congress passed an act making Labor Day a legal holiday in the District of Columbia and the territories. On June 28, 1894, President [Grover Cleveland](#) signed it into law. More than a century later, the true founder of Labor Day has yet to be identified.

**Have a great Labor Day**

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**Service Coordinator**

2020, you know this has got to be the craziest year of our lives. Just look at it. We added a mask to our everyday wardrobe. We can't shake hands with a friend or give a hug to a loved one. We can't stand too close to anyone and scared to get on an elevator with someone else. And the sad thing is that we are getting used to it, like this is normal or something. I am Soooo ready to go back to the way things were. Acceptance is the key to all of this. There is nothing I can do to change this new normal. I just have to be patient and wait it out with everyone else.

All in G-d's time.

At least they are playing golf and baseball and hopefully football again. It's really weird watching the games without an audience.

And on top of all of this crazy stuff, the country is going nuts over police shootings and social injustice and rioting and looting and destruction.

And on top of all of that, it's an election year and that's a national battle in itself. I just feel like getting away.

Oh yea, I'm going on vacation this month. Camping in VA. away from all this chaos for a while.

**Have a great September**