

Mar 2019

Talk of the Towers

HAPPY BIRTHDAY!!!!

Vera D. 03/01, Linda D. 03/01, Elena L. 03/01, Carolyn D. 03/01, Timothy I. 03/01, Dawn P. 03/06, Janet M. 03/07, Eva M. 03/10, Cristene B 03/11, Edana M. 03/16, Martha P. 03/19, Claire H. 03/21, Sharon D. 03/22, Svetlana E. 03/26, Donna T. 03/28, Kenneth H. 03/31

Please join us in the Multipurpose room Tuesday, March 26th at 1:00pm as we celebrate these very special people. Cake and ice cream will be served.

Hook'em Up Seafood

will be here

MARCH 6th at 11am

(See flyer for pricing)

Juan's Fresh Produce

Will be here

EVERY THURSDAY at 11am

(See him for pricing)

Medical professionals from Encompass Home Health & Hospice will be here to discuss healthy aging tips focusing on fall prevention. Each month they will discuss a different topic of interest to our community.

March 5, 2019

Game Night Fridays 6:00-8:00pm

Bingo Mondays and Saturdays at 6:00pm

Mondays - Specialty Stores

Wednesdays - Winn Dixie / Publix

Friday - Walmart

The COFFEE SHOP is open Mondays/Wednesdays/ Fridays

from 8:30-10:00am

The SNACK SHOP is open Tuesdays/Thursdays

from 2:00-4:00pm

City of Jacksonville: Fish-a-thon

Friday, March 22nd

Resident Association Meeting _Tuesday, March 12th at 6:00pm

Vespers _Thursday, March 14th at 6:30pm in Multipurpose room

Seniors on a Mission

Monday, March 25th at 9:45am

The mission will be 'Girls on the Run.' Only 14 are needed.

Please sign up at the front desk

Total Foot Care & Wellness Clinic

Friday, March 1st at 2:00pm

Podiatry services provided in the Card room

Please sign up at Front Desk

Onsite Dermatology

Tuesday, March 19th at 2:30pm

Convenient skin care and treatment services provided in your unit.

Please sign up at front desk

Dinner with Friends_ Monday, March 25th at 5:00pm

Bring your signature dish or pay \$5 at the door. Sign up in the Multipurpose room.

Pull Cord Stations

03/01-03/31 Maintenance will be stopping by to do work on ALL pull cords. There is no specific date to when he will get to you, please be patient.

Staff / Resident Meeting

Wednesday, March 6th at 10am

PLEASE attend this meeting to gather important information.

Total Foot Care & Wellness Clinic

Friday, September 28th at 2:00pm

Podiatry services provided in the Card room