

January, 2021

# Talk of the Towers

## HAPPY JANUARY BIRTHDAYS

1/1– Dorothy Townsend  
1/2– Joy Robinson: 1/8– Joyce Grivainis  
1/11– Yevgeniya Tregubova  
1/17– Milagros Fonseca  
1/19– Linda Kirtsey & Lucy Nagy  
1/21– Boris Bogin: 1/22– Hasan Kalatsi  
1/24– David Dahl & Glenn Jonson  
1/25– Gloria Villafane  
1/26– Jozset Johnson

The board members will be bringing a treat to your doors to help you celebrate.

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## The Bus Is Back ( kind of)

Management has approved limited bus runs, with some restrictions.

- 1) Only 6 people will be allowed on the bus for each store run.
- 2) All residents MUST wear a mask
- 3) You will be asked to use hand sanitizer each time you get on the bus

The bus schedule is on the calendar.

There will be some changes to the stores and the days the bus is running.

You will be signing up for the bus on Friday, for the next week with Janice, at the front desk.

Because of limited space, you can only ride the bus to one store each week.

Mr. Willie will assist you for your safety

## HAPPY SHOPPING



## COFFEE TIME

Wednesdays

@

8:30am



Grab a cup of coffee and a pastry and  
Socialize: (from a distance)

\*\*\*\*\*

SNACK  
TIME

The snack bar will be opened every

Thursday @ 2pm

\*\*\*\*\*

January 1, 2021

A New Year Ahead

**Looking Backward and Forward:** The name January comes from the Roman god "Janus." He had two faces so he could look forward and backward at the same time. We can look back, and in so doing, we can help create the way forward. The past need not hold us back. It can lead us ahead.

Have a great



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# Talk of the Towers

January 2021

All the fun stuff is still happening  
**BINGO**



**Wii Bowling**



**Game Day**



**And Ice Cream**



**Check your calendar for days and times**

**January 18th is**

**Martin Luther King Jr. Day**  
**(staff is off)**

Martin Luther King, Jr., was a [Baptist](#) minister and social rights activist in the United States in the 1950s and '60s. He was a leader of the [American civil rights movement](#). He organized a number of peaceful protests as head of the [Southern Christian Leadership Conference](#), including the famous [March on Washington](#). In 1964 he won the Nobel Peace Prize, and, at the time, he was the youngest person to have done so.

**I Have a Dream**, speech by [Martin Luther King, Jr.](#), that was delivered on [August 28, 1963](#), during the [March on Washington](#). A call for [equality](#) and [freedom](#), it became one of the defining moments of the [civil rights movement](#) and one of the most [iconic](#) speeches in American history.

Martin Luther King, Jr., was standing on a motel balcony in Memphis, Tennessee, on April 4, 1968, when he was shot and killed by [James Earl Ray](#). An hour later, King died at St. Joseph's hospital. His death sparked a number of riots across the country. He is forever memorialized on the third Monday of January every year—"Martin Luther King Jr. Day"—a holiday instated by U.S.

Pres. [Ronald Reagan](#).

January, 2021

# Talk of

# The Towers

## New Years Celebration

### December 31st @ MIDNIGHT

Say goodbye to 2020 and ring in the New Year with a spectacular fireworks display over the St. Johns River. Make your way down to the waterfront with friends or family before midnight to snag a great seat for the festivities. Fireworks will begin exactly at midnight.

This year fireworks will be launched from a barge on the St. Johns River between the Hyatt and DoubleTree hotels and high above the St. Johns River from the Acosta Bridge. These locations are able to be viewed from both the North and South banks in Downtown Jacksonville in addition to viewing from Brooklyn and under the Fuller Warren Bridge where the Riverside Arts Market is held. The fireworks show will begin at midnight to ring in 2021.



## COVID-19

### Vaccination update

**JACKSONVILLE, Fla.** — The CEO of UF Health Jacksonville is believed to be the first person in the state of Florida to receive the Pfizer-BioNTech COVID-19 vaccine.

Haley, who is also a board-certified emergency room physician and dean of the University of Florida College of Medicine – Jacksonville, received his vaccine at 10:39 a.m. He was followed by additional physicians, nurses, a pharmacist and other health care workers who work in areas of the hospital that most frequently care for patients with COVID-19.

- Simultaneously, state officials are designating some shipments to long-term care facilities, whose residents are among those at highest risk for serious or even deadly complications of COVID-19.
- Additional shipments will be sent to the state every one to two weeks. It is anticipated that at first there will be a limited supply.
- The vaccine is not mandatory: UF Health faculty and staff will be able to choose whether they receive it, although participation is strongly encouraged.

Most of the COVID-19 vaccines under development require two doses, with the second dose given 17–21 days after the first one. Although some degree of immunity might be provided with the first dose, the studies examining how those vaccines worked used two doses. The Pfizer-BioNTech vaccine requires two doses 21 days apart.

Please continue to wear a mask, practice physical distancing and frequent handwashing, and avoid large social gatherings. With a bit more patience, we will get to that light at the end of the proverbial tunnel as safely as possible.”

Your Service Coordinator is constantly staying updated on the vaccination availability for residents here at the Towers of Jacksonville

## **Service Coordinators' corner**

**Happy New Year to everyone. We sure have had a crazy 2020 and I'm sure we are going to feel the some left overs this year. We have a new president (like it or not), we have a vaccination for this horrible virus that has inflicted so many people and, closer to home, we have new Resident Association Officers to move us through 2021.**

**We also have a new property manager. Rosalie is starting to get to know some of you and is realizing some of the building issues we have. She too is excited about the upcoming new year. As time goes on and we can bring in more activities. I think this year will be much better than last.**

**I would like to give a big thank you to all the volunteers that helped with the events we did have this year. Without the help of those residents, many of the things that I have going on for this community could not be done without your help. So thank you very much.**

**Stacy wants me to tell you that when you receive your annual Social Security award letter, to make sure you keep it for recertification. This form is a long, folded form that can be used at any time your recertification comes up throughout the year.**

**If you want to see the Podiatrist or the Dermatologist, call them for an appointment. There will be no sign up sheet for the Podiatrist at this time. For the Dermatologist, Dr. Tra, the phone number is: 561-241-6676 X 1021 or sign up in the multipurpose room. For the Podiatrist, Dr. Daniels, the phone number is: 904-686-6525.**

**I need to say that Rosalie is very adamant about not smoking in the building. If you are found to be smoking inside the building you WILL be given notice and possibly evicted. If it gets to this point, I cannot advocate in your behalf. Rules are rules and this manager doesn't tolerate breaking them. So, please, don't smoke in your apartment or stairwells I want you around for a long time to come. Also, posted on your floors' bulletin boards is do's and don'ts about what to do with certain trash items, please abide by those requests as well.**

**I hope and pray that each day of this new year brings you peace, good health and much happiness.**

**HAPPY NEW YEAR**

**Thanks to the TOJ Advisory Board for their generous Christmas gift to all.**