

JAN 2019

Talk of the Towers

HAPPY BIRTHDAY!!!!

Dorothy T. 1/1 Joy R. 1/2 Rosina G. 1/8 Yevgeniya T. 1/11

John B. 1/16 Milagros F. 1/17 Lucille N. 1/19 Linda K. 1/19

Lois E. 1/20 Boris B. 1/21 Hasan K. 1/22 Gloria V. 1/25

Aleta S. 1/26

Please join us in the Multipurpose room Tuesday, January 29th at 1:00pm as we celebrate these very special people. Cake and ice cream will be served.

The COFFEE SHOP is open Mondays/Wednesdays/ Fridays

from 8:30-10:00am

The SNACK SHOP is open Tuesdays/Thursdays

from 2:00-4:00pm

Game Night Fridays 6:00-8:00pm

Bingo Mondays and Saturdays at 6:00pm

Blood Pressure Checks **Fridays at 10:30am** with APEX

See calendar for select dates

**ALL OFFICES WILL BE CLOSED TUESDAY, JANUARY 1ST
DUE TO THE NEW YEAR'S HOLIDAY.**

Health Talk: Low Vision

Tuesday, January 8th at 1:00pm in Multipurpose room

Medical professionals from Encompass Home Health will be here to discuss healthy aging tips focusing on healthy eating. Each month they will discuss a different topic of interest to our community.

Resident Association Meeting _Tuesday, January 8th at 6:00pm

Wellcare (Medicare) Presentation

Thursday, January 10th at 3:00pm

Ronnie Pete, Benefit Consultant for Wellcare will be giving a presentation on Medicare and Wellcare plans. The presentation will take place in the Multipurpose Room.

**Vespers _Thursday, January 10th at 6:30pm
in Multipurpose room**

"Choice Voices"

Tuesday, January 15th at 11am in Multipurpose room

Crafts with Barbara

Wednesday, January 16th at 2:00pm in the Card room

Seniors on a Mission

Mission: Baptist Boys Home

Date/Time: Thursday, January 17th at 9:30am

We need 7 volunteers for this mission. Please sign up at Front Desk.

Dinner with Friends_ Thursday, January 17th at 5:00pm

Bring your signature dish or pay \$5 at the door.

Sign up in the Multipurpose room.

Q & A Session

Sponsored by Dedicated Senior Medical Center

**Friday, January 18th at 12:00pm with Dr. Michael Hernandez in
Multipurpose room**

Be on the lookout for flyers on the bulletin boards.

Onsite Dermatology

Tuesday, January 22nd at 2:30pm

Convenient skin care and treatment services provided in your unit.

Please sign up at front desk

